MONTHLY PROGRESS REVIEW WORKSHEET

Looking Back to Move Forward

Mentee Name:
_____

Mentor Name:
_____

Review Period:
_____

Date:
_____

1. Goals Review

What goals were set during the previous period?

Goal	Status
	☐ Completed ☐ In Progress ☐ Not Started
	☐ Completed ☐ In Progress ☐ Not Started
	☐ Completed ☐ In Progress ☐ Not Started

2. Achievements

What am I most proud of accomplishing?

3. Challenges

What difficulties did I experience?

4. Learning and Growth

What new knowledge, skills, or insights did I gain?

5. Support Needed

What support would help me move forward?

6. Progress Rating

How would I rate my overall progress?

☐ Excellent

☐ Good

☐ Moderate

☐ Limited

☐ No Progress

Mentor Comments