SMART GOAL PLANNER

Goal Information

Mentee Name:

_____

Date:

_____

My Goal

What do I want to achieve?

SMART Goal Check

Specific

What exactly do I want to accomplish?

Measurable

How will I know I have achieved it?

Achievable

What resources, skills or support do I already have?

Relevant

Why is this goal important to me?

Time-Bound

When do I want to achieve it?

Target Date: ____

Action Plan

Step	Action	Deadline
1		
2		

Possible Obstacles

What could make this difficult?

How can I overcome these obstacles?

Success Indicator

How will I celebrate success?