SKILLS SELF-ASSESSMENT TOOL

Understanding My Current Skills

Mentee Name: _____

Date: _____

Instructions: Rate your current level for each skill using the scale below:

1 = Beginner 2 = Basic 3 = Intermediate 4 = Advanced 5 = Confident Expert

Skill Area	Rating (1-5)
Communication Skills	
Public Speaking	
Time Management	
Problem Solving	
Leadership	
Teamwork	
Digital Skills	
Social Media Use	
Online Marketing	
Budgeting & Financial Planning	
Business Planning	
Customer Service	
Networking	
Self-Confidence	
Decision-Making	

Skills Review & Reflection

⭐ My Strongest Skills

📈 Skills I Want to Improve

💡 Reflection

Which skill would have the biggest positive impact on my life or business if I improved it?

Why?

